The Shelter offers a variety of services designed to empower victims of domestic violence and create a community of support.

100% of survey responses from victims indicates they are able to consider next steps, plan for their safety, and know more about community resources.

<table>
<thead>
<tr>
<th><strong>24-hour hotline and safe shelter</strong> for those in immediate need of support and a safe place to stay.</th>
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<tbody>
<tr>
<td><strong>17.94</strong> average number of hours of supportive services provided to adults and children seeking help</td>
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<tr>
<td><strong>1,167</strong> hotline calls answered by experienced staff and trained volunteers</td>
</tr>
<tr>
<td><strong>5,154</strong> nights of safety provided</td>
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<tr>
<td><strong>198</strong> adults &amp; children were given emergency shelter</td>
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<tr>
<td><strong>277</strong> outreach clients who did not stay in our residential facility, but received counseling, legal advocacy and support services</td>
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Support services for individuals and families experiencing domestic violence, including counseling, case management, legal advocacy, Spanish-language outreach, and child/teen youth programs.

100% of survey responses from victims indicates they are able to consider next steps, plan for their safety, and know more about community resources.
PREVENTION SERVICES PROGRAM HIGHLIGHT

“We must engage young people in conversations on the risk and protective factors associated with perpetrating and/or experiencing relationship violence, and provide them with the tools to be active participants in healthy relationships that are based in equality, trust, and mutual respect.”

- Shelter Prevention Services Coordinator

Whether it is through facilitating prevention curricula, working with youth on month-long awareness campaigns, supporting existing youth-led clubs, or presenting at school-wide symposiums, the Shelter is creating spaces for youth to discover who they are, what they will and will not tolerate in their relationships, and how they can make a difference in their communities.

We believe that it is important to provide adults with information and resources so that they feel equipped to have meaningful and intentional conversations with the young people in their lives, and to strengthen partnerships with local organizations and institutions so that together we establish a community-wide shared language that promotes positive youth development.

The Shelter is excited about the work that goes into creating a caring and just community, free of violence.

I recently broke up with my girlfriend and after learning more about healthy, unhealthy, and abusive relationships, I’m realizing how bad that relationship really was.”

(Fluvanna County High School student)

“I was blown away by her speech. I can’t believe she went through all that in high school. It made me really want to partner with the Shelter again so that more people can learn about intimate partner violence.”

(Charlottesville High School National Honor Society student, after hearing a young adult tell her story of abuse)

1,480 area youth reached through our prevention efforts
Shelter Events...
Please Join Us!

- Teen Dating Violence Awareness Month
- Mother’s Day Campaign
- Golf Tournament
- Health Fairs
- Community Festivals
- Domestic Violence Awareness Month
- Candlelight Vigil
- PEACE Project
- 5k Run/Walk
- Adopt-a-Family
- Supplies Drive

“I’m humbled and grateful for the kindness everyone has shown to me. This has been a challenging time and I appreciate the shoulders to lean on, the ears I have bent and the overall compassion and empathy that has been given to me. Know that everyone has made a life brighter.” (Shelter resident)

“I am so grateful for the SHE Shelter and the services they provided. Their nurturing support helped me to get past the trauma and move on with my life.” (Shelter resident)

100% of community members attending presentations report learning new information to help them identify and respond to domestic violence.

5K Run/Walk 2018 - Starting Line

2019 Golf Tournament at Glenmore

Running in memory of Amanda LaShaun Bates
“I want to thank all staff members and volunteers at the Shelter for Help in Emergency for all you do and all the support and help I have received. It means the world to me and has allowed me the opportunity to pursue my goals much easier and faster than if this organization did not exist.” (Shelter client)

Community Education/Training Programs

In addition to providing services to individuals who have experienced domestic violence through our hotline, residential facility and outreach programs, the Shelter offers a variety of educational programs for the community on the dynamics of domestic/intimate partner violence, Shelter services, healthy relationships, and what you can do if someone you know is experiencing abuse. Talks and trainings are available for family and friends, youth groups, faith communities, civic organizations, and workplaces; all programs can be tailored to meet the needs of the group.
I am a middle school teacher, and in the autumn of 2014, the murder of Hannah Graham shook our community and my students. My female students were asking questions about the nature of safety and their feelings of dread, terror, and helplessness. Statistics tell us that at least 1 in 3 women will be victims of relationship violence in their lifetimes. Given the number of assaults that are likely never reported, that number is possibly closer to 1 in 2. This is not acceptable. I cannot and will not look at my students and turn a blind eye knowing that a third to half may become a statistic. Together with other local music teachers, I began a partnership with the Shelter for Help in Emergency to sponsor the WinterSongs concert every February highlighting the voices of young female vocalists from our area schools. The day is filled with sharing, musical collaboration, mutual support, and empowerment—and the vocalists attend workshops to offer strategies and to raise situational awareness on a variety of topics related to relationship violence. The day culminates in a public concert where donations to the Shelter are collected at the door in lieu of admission. I am so thankful for the opportunity to contribute to the Shelter’s mission to eliminate relationship violence in our community and to take an active role in my students’ healthy futures.

— Craig Jennings, Burley Middle School

**PLEASE JOIN US!**

Consider giving freely of your time, talents and treasure.

For more information on what you can do to help, please call the Shelter’s Community Outreach Center at **434-963-4676**.

Offering peace, hope and safety to those experiencing domestic violence.

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